

# What About MY CML

## A GUIDE TO TALKING WITH YOUR DOCTOR ABOUT CML.

**If you're not responding to your medication for chronic myeloid leukemia (CML) or you're experiencing unmanageable side effects, don't keep it to yourself. Fill out the first 4 statements below and share your answers with your doctor.**

- 1 Number of times I have had to change or cancel plans with family and friends in the last month due to side effects of my CML medication and why: \_\_\_\_\_
- 2 Number of times I needed help with routine chores in the last month due to feeling fatigued from my CML: \_\_\_\_\_
- 3 Number of times I had to miss work in the past month due to side effects of my CML medication and why: \_\_\_\_\_
- 4 Sometimes I find it difficult to take my CML medication: \_\_\_\_\_ Yes \_\_\_\_\_ No  
If yes, why? \_\_\_\_\_

**Make sure to ask your doctor questions 5 and 6.**

- 5 What is the trend of my *BCR-ABL1* levels over the last year?  
\_\_\_\_\_ *BCR-ABL1* levels have been decreasing  
\_\_\_\_\_ *BCR-ABL1* levels have stayed about the same  
\_\_\_\_\_ *BCR-ABL1* levels have been increasing
- 6 If my *BCR-ABL1* level has been increasing, do you think I may have a gene mutation?  
\_\_\_\_\_ Yes \_\_\_\_\_ No

Depending on the responses to these statements and questions, your doctor may decide if it's appropriate to adjust the dose of your medication or recommend another treatment option.

